

Appendix B: Parent, Child, and Teacher Responses to the Kelly Bear C.A.R.E.S. Program

PARENT COMMENTS

“[I liked] the focus on listening to my child and validating her responses. Helping kids understand that they are responsible for their behavior. Teaching kids how to reach out to someone in need.”

“It’s a great way to help him learn to control his anger and not act out before he thinks it out.”

“I feel that this was a perfect age to introduce children to be respectful of their bodies and to think about their peer’s feelings. It has gotten him to think about his actions more.”

“I think it is wonderful to reinforce problem solving, treating others as you would want to be treated. I feel she does stop and think about how her actions affect herself and others.”

“The repetition helps them learn! The hand signals also helps him learn! I love the emphasis on making good choices. He discussed this daily at home! Positive reactions to negative situations, talking through a problem, acting positively, not reacting negatively.”

“Communicating feelings, making healthy choices, safety outside the home, reinforcing things that we have already taught at home, dialogue about drugs and alcohol.”

“I love how Kelly Bear encourages and validates concerns, emotions and feelings of children. She has a better attitude.”

“He liked learning to take care of your body. Helped to learn not to hit.”

“It teaches good interaction skills and gives a framework to address problems...”

“I liked everything about the Program! Bryan talks about what he has learned from Kelly Bear all the time.”

CHILD COMMENTS

... in answer to the questions, **“Think about how you were before you heard about Kelly Bear. Do you act the same or different? If you act different, in what way have you changed?”**

“I help others.”

“[I’m] not in trouble.”

“To take care of my body better.”

“I am listening to the teacher.”

“I am different because I am friends with others now.”

“I obey my mom and dad more.”

“I used to be mean, now I am nice.”

“Not going into people’s house [if I do not know them.]”

“Getting good at homework and stuff. Not fighting with my brother.”

“Now, I can do monkey bars because I tried.”

“I don’t tell lies anymore.”
“I used to hurt my cat. Now I don’t.”
“I’m happy now.”
“Getting along better with my family.”
“I act more gooder.”
“Sometimes when I saw other people hurt, I just went on and didn’t help because they weren’t my friends. Now, I help.”
“Made a lot of friends now because I’m nicer.”
“I get my homework done and get better grades.”
“I get along with others.”
“I have changed by listening better.”
“I changed by being good and don’t lie.”
“I use the steps before I do something bad. The Steps are Stop, Think, Feel, and Act in a kind way.”
“When I watched Kelly Bear, I changed my act around.”
“I know not to be afraid to tell if someone touches me somewhere.” (good touch/bad touch)
“I don’t fight as much because I always got in trouble.”

... in answer to the question:

“What is the most important thing that you learned from Kelly Bear?”

“Drugs are bad for your body, except the ones your mom gives you when you’re sick.”
“Use S.T.F.A. [Stop Think, Feel, Act in a kind way].”
“Be nice and help people.”
“Don’t let people touch your private [body] places.”
“Be responsible.”
“Keep my body safe and eat healthy food.”
“Do not touch guns, knives, poisons, cigarettes, medicine, matches.”
“Say ‘no’ to drugs.”
“Don’t blame my mistakes on others.”
“Do not take rides with strangers.”
“Don’t ignore your parents.”
“Keep my body fit.”
“All about feelings.”
“Say ‘no’ to unhealthy things.”
“Respect other people’s feelings. You shouldn’t hurt them just because they are different.”
“To help people when they get hurt.”
“I used to punch people. Now, I don’t.”
“The posters taught me to care.”
“To stay away from drugs and drinking.”
“Tell if someone tries to touch you in a bad way.”
“I don’t get into fights.”
“I learned if someone is trying to fight me, you stop, think, act in a kind way.”
“To take good care of my body.”
“About feelings.”
“Keep your body healthy and not smoke drugs.”
“How to keep your body safe.”
“I do not be bad.”
“Never talk to strangers.”
“I learned that if things don’t work out, I will try, try again.”

TEACHER AND LEADER COMMENTS

“Kelly Bear was a great program that introduced many important social concepts...”

“I feel that, overall, the program presents good points in a child friendly manner...”

“Very good lessons and concepts. Students enjoyed the presentations. It made them think of others. These ideas were very good life skills that the classroom teacher might not address due to academic pressures.”

“The kids loved the songs and even sang them when faced with a conflict.”

“...I thought the secret touching was handled wonderfully.”

“Great concepts...”

“It is very good to use before kids are approached with real world situations...”

“I think the Kelly Bear Program was a real positive learning experience for the younger group of kids. I also think they will make better choices in their self-control and will interact better with their peers.”